WEST HIGH YIELD (W.H.Y.) RESOURCES LTD. NEWS RELEASE
For Immediate Release July 13, 2007
Calgary, Alberta TSXV Trading Symbol: "WHY"
40,179,644 Common Shares Issued

WEST HIGH YIELD (W.H.Y.) RESOURCES ACQUIRES MINERAL CLAIM

CALGARY, ALBERTA, – July 13, 2007. West High Yield (W.H.Y.) Resources Ltd. ("West High Yield") is pleased to announce that it has completed an asset purchase pursuant to which it has acquired a mineral claim in British Columbia from David Zamida.

The mineral claim purchased was White Buffalo - Mineral Tenure No. 529 441.

The purchase price for the mineral claim was satisfied by the payment of $3,300 cash, 5,000 common shares of West High Yield and a net smelter returns royalty equal to 1% of all ores, minerals, metals and materials mined and removed from the mineral claim sold by David Zamida.

West High Yield is a junior exploration company focused on the acquisition, exploration and development of mineral resource properties in Canada with a primary objective to locate and develop economic gold properties.

For further information please contact:

Frank Marasco Craig G. Robson
President and Chief Executive Officer Vice President, Corporate Development
West High Yield (W.H.Y.) Resources and Investor Relations
28 Arbour Lake Drive, NW West High Yield (W.H.Y.) Resources
Calgary, Alberta T3G 3N8 Suite 620, 800 West Pender Street
Telephone: (403) 283-5555 Vancouver, BC V6C 2V6
Facsimile: (403) 206-7159 Telephone: (604) 868-7961
Facsimile: (604) 274-1431

Email: frank@whyresources.com Email: cgrobson@shaw.ca

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